

## FP Middle School November 28- December 2 & December 5- 9, 2022

Monday	Tuesday	Wednesday	Thursday	Friday
28 Pizza, Green Beans, Corn, Orange Slices, Pudding Cup  *Wildcat Pepperoni Snack (Lunchable) * Chef Salad	29 Baked Fish, Rice, Mozzarella Cheese Sticks, Roasted Broccoli, Fresh Grapes  *Wildcat Ham & Cheese Snack (Lunchable) *Chef Salad	30 Chili or Chicken & Sausage Gumbo, Brown Rice, Grilled Cheese Sandwich, Crackers, Canned Peaches  *Wildcat Pepperoni Snack (Lunchable) *Chef Salad	1 Chicken Spaghetti, Green Peas, Steamed Carrots, WG Roll, Canned Peaches  *Wildcat Ham & Cheese Snack (Lunchable) *Chef Salad	2 Double Cheeseburger on W. Grain Bun, Baked Fries, Baked Beans, Lettuce, Tomato, Onions, Pickles, Apple, Ketchup, Mustard, Lite Mayo, Orange Slices *Wildcat Pepperoni Snack (Lunchable) *Chef Salad
Ham, Egg & Cheese Wrap, Yogurt Parfait & Granola, Cereal, Banana	Blueberry Pancakes & Syrup w/Sausage, Cereal, Apple Juice	Chicken & Biscuit, Yogurt Parfait & Granola, Cereal, Banana	Sausage, Biscuit, Cereal, Orange Juice	Honey Bun, Yogurt Parfait & Granola, Cereal, Canned Mixed Fruit
5 Pizza Crunchers, Mixed Veggies, Strawberry Cup, Choc Chip Cookie  *Wildcat Pepperoni Snack (Lunchable) *Chef Salad	6 Oven Baked Chicken, Mac & Cheese, Cooked Cabbage, WG Breadstick, Fruit Cup  *Wildcat Ham & Cheese Snack (Lunchable) *Chef Salad	7 Chili or Chicken & Sausage Gumbo, Brown Rice, Grilled Cheese Sandwich, Crackers, Canned Pears  *Wildcat Pepperoni Snack (Lunchable) *Chef Salad	8 Fish or Chicken Tacos, Shredded Cheese, Cabbage, Tomato, Tomatillo Salsa, Black Beans, Canned Peaches, Reg. Salsa, Taco Sauce *Wildcat Ham & Cheese Snack (Lunchable) *Chef Salad	9 Hot Wings w/Roll or Corn Dog, Baked Fries, Baked Beans, Ranch Dip, Grapes, Lite Mayo, Mustard, Ketchup  *Wildcat Pepperoni Snack (Lunchable) *Chef Salad
Blueberry Waffles & Syrup w/Sausage, Yogurt Parfait & Granola, Cereal, Applesauce	Spicy Chicken & Biscuit, Cereal, Apple Juice	Chicken & Biscuit, Yogurt Parfait & Granola, Cereal, Banana	Sausage & Biscuit, Cereal, Orange Juice	Cinni Minis, Yogurt Parfait & Granola, Cereal, Canned Pears

\*Low Fat & Fat Free Milk Offered Daily

\*Lite Ranch & Italian Salad Dressing Available Daily

Student Meal Prices-Breakfast \$1.15, Reduced Breakfast- 30 Cents, Lunch \$2.00, Reduced Lunch 40 Cents

Employee Meal Prices- Breakfast \$2.00, Lunch \$3.25

\*Menu subject to change due to shortages

[A la carte Items available each day-](#)

***This institution is an equal opportunity provider.***

Hot Cheetos 0.50 cents

Fruit Punch Juice \$1.00

Cheese Doritos 0.50 cents

Apple Juice \$1.00

Baked BBQ chips 0.50 cents

**\*\*Apples provided by Crow Mtn. Farms**

Rice Krispy Treat 0.50 cents